

SAINTS GLOBAL
LEADER GUIDE

STUDYING THE GOSPEL

SPIRITUAL CORE

Version 2026.1



SAINTS GLOBAL

www.saintsglobal.org/resources



PURPOSE & IDENTITY

SKILL BADGE PURPOSE

This skill badge is designed to help saints develop essential skills in studying the gospel. Through structured learning and hands-on activities, participants will gain practical experience and deepen their understanding of key concepts.

DEVELOPMENT CORE: SPIRITUAL

This badge develops spiritual attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Understanding fundamental concepts and principles
- Developing practical application skills
- Building confidence through hands-on experience
- Connecting learning to daily life

TIME COMMITMENT

4-6 weeks (suggested)

RECOMMENDED AGE

12+ years



SAFETY CONSIDERATIONS

SUPERVISION

Ensure appropriate adult supervision for all activities following Saints Global guidelines. Never leave youth unsupervised during badge activities.

PRIVACY

Respect personal experiences and information shared during activities. Maintain confidentiality and help youth understand appropriate boundaries.

ENVIRONMENTAL SAFETY

Assess outdoor locations and weather conditions before activities. Ensure proper shelter, hydration, and protection from hazards appropriate to the environment.

FIRST AID

Maintain a first aid kit and ensure at least one leader is trained in basic first aid. Know the location of the nearest medical facility and have emergency contact information readily available.

EMERGENCY CONTACTS

Troopmaster: _____

Emergency: _____



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- Review all DISCOVER requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE

Requirement 1a: Read the introduction to the Gospel principles in the handbook, focusing on key themes.

HOW TO TEACH

- Read the handbook introduction with the Saint, not just assigned for him to read alone
- Have him name the key themes in his own words
- Discuss which theme connects to a current question he has
- Reinforce that the handbook frames the study, not a textbook

Completion: Saint reads the handbook gospel principles introduction and names the key themes.

Requirement 1b: Discuss with your battalion leader the importance of daily study and how it impacts personal growth.

HOW TO TEACH

- Set the discussion in a quiet place with no other distractions
- Have the Saint explain why daily study matters for him specifically
- Discuss the gap between intermittent and consistent study
- Reinforce that daily study compounds the way weekly study does not

Completion: Saint discusses with his battalion leader the importance of daily study and how it impacts personal growth.

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STEP 1: DISCOVER — TEACHING GUIDE (CONTINUED)**Requirement 1c: Explore different study methods to enhance comprehension and retention.****HOW TO TEACH**

- Walk three real study methods (marking, note-taking, topic mapping, cross-referencing)
- Have the Saint try each method on a single passage and compare
- Discuss which method fits his mind and which feels forced
- Reinforce that method is personal — copying someone else's rarely sticks

Completion: Saint explores three different study methods and explains which enhances comprehension and retention for him.

Requirement 1d: Participate in a group discussion about a selected gospel topic, sharing personal insights.**HOW TO TEACH**

- Pick a real gospel topic with room for honest disagreement
- Have the Saint share one personal insight, not just summarize doctrine
- Discuss how to listen to others without rushing to correct
- Reinforce that discussion teaches what solo study cannot

Completion: Saint participates in a group discussion on a selected gospel topic, sharing one personal insight.



STEP 2: PLAN

LEADER PREPARATION

- Review all PLAN requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Create a personal study schedule that fits your daily routine.

HOW TO TEACH

- Help the Saint pick a study time that fits his actual schedule (morning, evening, before bed)
- Walk what gets cut to make room — phone, sleep, leisure
- Have him write the schedule and commit to a start date
- Reinforce that a written schedule beats good intentions on the third day

Completion: Saint produces a personal study schedule that fits his daily routine.

Requirement 2b: Select a specific scripture block or topic to focus on for the next two weeks.

HOW TO TEACH

- Help the Saint pick a focus — a block of scripture or a single topic
- Discuss what makes the focus achievable in two weeks
- Set a specific reading or topic for each day
- Reinforce that focus deepens what scattered reading leaves shallow

Completion: Saint selects a specific scripture block or topic to focus on for the next two weeks.

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STEP 2: PLAN — TEACHING GUIDE (CONTINUED)

Requirement 2c: Identify potential resources (e.g., commentaries, study guides) to aid your study.

HOW TO TEACH

- Identify three resources beyond the standard scriptures (commentaries, talks, guides)
- Have the Saint evaluate each for the topic he chose
- Discuss when a resource clarifies vs. when it distracts
- Reinforce that supplementary resources are servants of scripture, not substitutes

Completion: Saint identifies three potential resources to aid his study and explains each.



STEP 3: ACT

LEADER PREPARATION

- Review all ACT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE

Requirement 3a: Execute your personal study plan for 14 consecutive days, dedicating at least 15 minutes daily.

HOW TO TEACH

- Set the start date and walk what 'at least 15 minutes daily' looks like in practice
- Have the Saint log start and end times each day, not just check a box
- Discuss handling a missed day — pick up where he left off, no spiral
- Reinforce that 14 consecutive days starts the habit, not finishes it

Completion: Saint executes his personal study plan for fourteen consecutive days, at least fifteen minutes daily.

Requirement 3b: Keep a simple journal of thoughts, impressions, and questions that arise during your study.

HOW TO TEACH

- Hand the Saint a simple journal, not a software app
- Have him record one thought, impression, or question each day
- Discuss what to write when nothing comes (write that, then keep reading)
- Reinforce that the journal is for honesty, not performance

Completion: Saint keeps a simple journal of thoughts, impressions, and questions that arose during his study.

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STEP 3: ACT — TEACHING GUIDE (CONTINUED)

Requirement 3c: Apply a gospel principle learned to a real-life situation and record the outcome.

HOW TO TEACH

- Help the Saint identify a real situation where a principle applies
- Have him apply it deliberately and record what happened
- Discuss the gap between principle as belief and principle as practice
- Reinforce that application is the test of study

Completion: Saint applies a gospel principle to a real-life situation and records the outcome.



STEP 4: REFLECT

LEADER PREPARATION

- Review all REFLECT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE

Requirement 4a: Share your testimony or key learnings with your battalion, focusing on how your understanding has deepened.

HOW TO TEACH

- Give the Saint a moment of silent reflection before sharing
- Ask what specifically deepened, not just whether it deepened
- Discuss how a quiet two weeks affects what he says in front of others
- Avoid correcting the Saint's reflection — listen and affirm

Completion: Saint shares his testimony or key learnings with his battalion, focused on how understanding deepened.

Requirement 4b: Review your study journal and discuss your progress and challenges with your advisor.

HOW TO TEACH

- Set the review with the advisor in a quiet place
- Have the Saint walk his progress and challenges in his own words
- Discuss what was harder than he expected and what was easier
- Reinforce that honest review with another person makes the study durable

Completion: Saint reviews his study journal with his advisor and discusses progress and challenges.

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STEP 4: REFLECT — TEACHING GUIDE (CONTINUED)

Requirement 4c: Evaluate the effectiveness of your study methods and identify areas for future improvement.

HOW TO TEACH

- Walk the Saint's study methods and ask which produced the most insight
- Have him identify one area to improve for the next study cycle
- Discuss what about his current methods is working that he should keep
- Reinforce that evaluation closes one cycle and opens the next

Completion: Saint evaluates the effectiveness of his study methods and identifies areas for future improvement.



RESOURCES & CONTACT

RECOMMENDED RESOURCES

- [Saints Global Resource Library](#) — Online materials and guides
- [DPAAR Method Quick Reference](#) — Printable guide for leaders
- [Child and Youth Program Guidebook](#) — LDS Church Official Documentation for Children and Youth
- [For the Strength of Youth](#) — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

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Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.