

SELF-RELIANCE — LEADER KEY

BADGE REQUIREMENTS CHECKLIST (BRC)
VERSION: 2026.1

SAINTS GLOBAL MEMBER

NAME: _____

BATTALION: _____

TROOP: _____

SKILL BADGE ADVISOR

NAME: _____

EMAIL: _____

PHONE: _____

LEADER KEY

WITH EVALUATION HINTS

Gold boxes contain leader hints for evaluating each requirement

STEP 1 | DISCOVER

INITIALS _____

- a) Read Proverbs 21:5 and Doctrine and Covenants 104:13–15, then explain how stewardship and preparation relate to self-reliance. _____



LEADER KEY

Ask how stewardship applies when resources are scarce. Look for clear links between preparation and trust in God.

- b) Identify one real situation where lack of money, food, or water created hardship for yourself or someone you know, and explain what could have reduced the impact. _____



LEADER KEY

Verify the situation described was real and that the Saint can identify specific preventive actions.

STEP 2 | PLAN

INITIALS _____

- a) Examine your current access to money, food, and water, and identify one vulnerability in each area that could cause difficulty if resources were limited. _____



LEADER KEY

Vulnerabilities must be concrete (no savings, limited cooking skill, lack of water knowledge).

- b) Prepare a simple personal plan describing how you would responsibly manage money, food, and water for a short period of constraint. _____

 LEADER KEY

Plan should be realistic and action-based, not time-logged or theoretical.

STEP 3 | ACT

INITIALS

- a) Make and follow a real spending decision using limited funds, choosing between needs and wants and explaining your final choice. _____

 LEADER KEY

Confirm an actual spending choice with a trade-off between wants and needs.

- b) Prepare a complete meal using basic ingredients, demonstrating planning, portion control, and minimal waste. _____

 LEADER KEY

Meal must be prepared and consumed; ask what was conserved or wasted.

- c) Demonstrate how to safely obtain and store drinkable water using at least one practical method. _____

 LEADER KEY

Saint should explain safety principles and contamination risks clearly.

- d) Complete a 24-hour period relying only on food, water, and money you personally prepared or set aside, then explain what was hardest and why. _____

 LEADER KEY

Confirm reliance was only on prepared resources; discuss stress points and discipline.

STEP 4 | REFLECT

INITIALS _____

- a) Explain to a leader how your decisions during this badge changed the way you view comfort, waste, and dependence on others. _____

**LEADER KEY**

Reflection should focus on changed attitudes toward comfort and waste.

- b) Describe how self-reliance strengthens your ability to serve family, neighbors, and community, relating your experience to faith in God. _____

**LEADER KEY**

Look for clear connection between self-reliance and capacity to serve others.

END OF REQUIREMENTS

**BY SIGNING BELOW, I CERTIFY TO THE BEST OF MY KNOWLEDGE THAT ALL
REQUIREMENTS WERE MET AT OR ABOVE THE REQUIRED STANDARDS AS OUTLINED
IN THE BADGE REQUIREMENTS CHECKLIST.**

SKILL BADGE ADVISOR_____
DATE (YYYY-MM-DD)