

SAINTS GLOBAL
LEADER GUIDE

RIFLE SHOOTING

INTELLECTUAL CORE

Version 2026.1



SAINTS GLOBAL

www.saintsglobal.org/resources



PURPOSE & IDENTITY

SKILL BADGE PURPOSE

To develop disciplined firearm safety, precise marksmanship, and moral responsibility through supervised rifle shooting, equipment care, and lawful, restraint-driven conduct.

DEVELOPMENT CORE: INTELLECTUAL

This badge develops intellectual attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Firearm safety culture and legal responsibility
- Rifle mechanics and ammunition understanding
- Precision marksmanship fundamentals
- Stress control and disciplined execution
- Stewardship, obedience to authority, and respect for life

TIME COMMITMENT

4-6 weeks (suggested)

RECOMMENDED AGE

13+



SAFETY CONSIDERATIONS

⚠ SUPERVISION

All rifle shooting must occur at an approved range under direct supervision of a certified rifle instructor and range safety officer.

⚠ PROTECTIVE EQUIPMENT

Eye and hearing protection are mandatory whenever on or near the firing line.

⚠ LEGAL COMPLIANCE

All firearm use, transport, and storage must comply with local and state law and range policy.

EMERGENCY CONTACTS

Troopmaster:

Emergency:



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- Review all DISCOVER requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE

Requirement 1a: Explain what a projectile is and why rifles must be handled with care, respect, and used only in approved locations.

HOW TO TEACH

- Compare slow-moving objects to high-velocity projectiles to illustrate energy and risk
- Use a controlled-range vs uncontrolled-location scenario for contrast
- Ask Saints to identify what protections a range provides that a random location cannot
- Reinforce that respect is a moral obligation, not a comfort rule

Completion: Saint clearly explains projectile danger and approved-use principles.

Requirement 1b: Explain universal firearm safety rules, proper hygiene practices while shooting, and the role of eye and hearing protection.

HOW TO TEACH

- Demonstrate safe handling with unloaded or inert training rifles
- Have Saints identify violations in staged examples
- Physically fit eye and ear protection and perform seal checks
- Discuss lead exposure and hygiene as part of stewardship of the body

Completion: Saint explains and demonstrates correct safety and hygiene practices.

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STEP 1: DISCOVER — TEACHING GUIDE (CONTINUED)

Requirement 1c: Summarize local and state firearm and hunting laws relevant to rifles, including legal wildlife and lawful locations.

HOW TO TEACH

- Require Saints to reference official state sources directly
- Use short 'lawful vs unlawful' scenarios for application
- Discuss how laws protect people, property, and wildlife
- Ask Saints to identify one law they previously misunderstood

Completion: Saint accurately summarizes applicable laws and stewardship purpose.



STEP 2: PLAN

LEADER PREPARATION

- Review all PLAN requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Identify the main parts of a rifle and cartridge and explain their functions using diagrams or inert training aids.

HOW TO TEACH

- Use diagrams or cutaway visuals rather than live firearms
- Have Saints teach back by pointing and explaining each part
- Trace the firing cycle step-by-step at a conceptual level
- Correct errors by returning to the diagram, not jargon

Completion: Saint correctly identifies parts and explains basic function.

Requirement 2b: Create a personal range readiness plan covering gear, behavior, command compliance, and stress control.

HOW TO TEACH

- Ask Saints to list non-gear readiness factors (sleep, focus, humility)
- Introduce a stress scenario (noise, waiting, pressure) and plan responses
- Have Saints create a simple checklist they could carry
- Discuss why stopping when unsure is a strength

Completion: Plan includes equipment, conduct expectations, and stress responses.

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STEP 2: PLAN — TEACHING GUIDE (CONTINUED)

Requirement 2c: Explain rifle malfunctions (misfire, hangfire, squib) and describe the correct immediate response under range procedure.

HOW TO TEACH

- Teach responses as a decision tree: stop, safe direction, wait, signal
- Practice verbal call-and-response without touching equipment
- Emphasize that uncertainty requires stopping, not fixing
- Ask Saints why humility matters in malfunction response

Completion: Saint describes correct response steps accurately.



STEP 3: ACT

LEADER PREPARATION

- Review all ACT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE

Requirement 3a: Under certified supervision, demonstrate flawless range conduct from arrival through departure, including command compliance and safe transitions.

HOW TO TEACH

- Treat this as a behavior audit rather than a shooting test
- Have instructors watch transitions as closely as firing
- Praise obedience and calmness more than accuracy
- Correct immediately and reset before continuing

Completion: Saint maintains perfect safety discipline for the entire session.

Requirement 3b: Demonstrate the five fundamentals of rifle shooting—aiming, breath control, hold control, trigger control, and follow-through—during live fire.

HOW TO TEACH

- Isolate fundamentals one at a time before combining
- Use verbalization to reinforce internal awareness
- Adjust only one variable between groups
- Emphasize consistency over score

Completion: Saint applies all five fundamentals consistently.

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STEP 3: ACT — TEACHING GUIDE (CONTINUED)

Requirement 3c: Fire multiple supervised shot groups from a supported position and demonstrate the ability to analyze grouping and make or explain sight adjustments.

HOW TO TEACH

- Use targets to teach diagnosis rather than scoring
- Have Saints explain cause-and-effect before adjusting
- If adjustment is not permitted, require precise explanation
- Reinforce patience and methodical changes

Completion: Saint demonstrates understanding of zeroing and grouping.

Requirement 3d: Demonstrate safe rifle cleaning and storage practices using approved materials and procedures.

HOW TO TEACH

- Lay out all cleaning materials before starting
- Require verbal confirmation of unloaded status
- Explain why cleaning order matters for safety
- Discuss access control and responsibility at home

Completion: Rifle is cleaned and handled safely throughout.



STEP 4: REFLECT

LEADER PREPARATION

- Review all REFLECT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE

Requirement 4a: Explain how restraint, obedience to rules, and patience affected your safety and performance on the range.

HOW TO TEACH

- Begin with silent reflection before discussion
- Ask for a specific moment where restraint mattered
- Affirm honesty over performance
- Avoid correcting reflections—listen

Completion: Saint gives a concrete example tied to character.

Requirement 4b: Describe how responsible rifle handling reflects stewardship of life, law, and God-given agency, and identify one future pathway (hobby or career) where these skills apply.

HOW TO TEACH

- Discuss stewardship as protection of people and creation
- Use a scenario involving careless behavior and ask for a response
- Have Saints name a supervised, lawful next step
- Reinforce courage to speak up or step away

Completion: Saint connects skill to moral responsibility and future direction.



RESOURCES & CONTACT

RECOMMENDED RESOURCES

- [Saints Global Resource Library](#) — Online materials and guides
- [DPAAR Method Quick Reference](#) — Printable guide for leaders
- [Child and Youth Program Guidebook](#) — LDS Church Official Documentation for Children and Youth
- [For the Strength of Youth](#) — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

 www.saintsglobal.org

 support@saintsglobal.org

 Curriculum: curriculum@saintsglobal.org

Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.