

SAINTS GLOBAL

LEADER GUIDE

LIVING THE GOSPEL

SPIRITUAL CORE

Version 2026.1





PURPOSE & IDENTITY

SKILL BADGE PURPOSE

This skill badge is designed to help saints develop essential skills in living the gospel. Through structured learning and hands-on activities, participants will gain practical experience and deepen their understanding of key concepts.

DEVELOPMENT CORE: SPIRITUAL

This badge develops spiritual attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Understanding fundamental concepts and principles
- Developing practical application skills
- Building confidence through hands-on experience
- Connecting learning to daily life

TIME COMMITMENT

4-6 weeks (suggested)

RECOMMENDED AGE

12+ years



SAFETY CONSIDERATIONS



SUPERVISION

Ensure appropriate adult supervision for all activities following Saints Global guidelines. Never leave youth unsupervised during badge activities.



PRIVACY

Respect personal experiences and information shared during activities. Maintain confidentiality and help youth understand appropriate boundaries.



ENVIRONMENTAL SAFETY

Assess outdoor locations and weather conditions before activities. Ensure proper shelter, hydration, and protection from hazards appropriate to the environment.



FIRST AID

Maintain a first aid kit and ensure at least one leader is trained in basic first aid. Know the location of the nearest medical facility and have emergency contact information readily available.

EMERGENCY CONTACTS

Troopmaster: _____

Emergency: _____



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- ☐ Review all DISCOVER requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE

Requirement 1a: Study James 1:22, Mosiah 2:17, Matthew 5:14–16, and Doctrine and Covenants 121:41–42, then analyze what it means to live the gospel when no one is watching.

HOW TO TEACH

- Read each passage aloud and pause at 'doers of the word' and 'no power or influence'
- Have the Saint analyze what changes when no one is watching
- Discuss the gap between public conduct and private conduct
- Connect the analysis to a specific recent moment of choice

Completion: Saint analyzes what it means to live the gospel when no one is watching, drawing on the four passages.

Requirement 1b: Identify five pressures that commonly lead Saints to compromise gospel standards.

HOW TO TEACH

- Have the Saint identify five real pressures he or his peers actually face
- Discuss what each pressure offers in the moment that makes it tempting
- Walk through how each pressure typically shows up — not in theory
- Reinforce that naming the pressure precisely is half the defense

Completion: Saint identifies five pressures that commonly lead Saints to compromise gospel standards.



STEP 2: PLAN

LEADER PREPARATION

- ☐ Review all PLAN requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Create a 21-day gospel obedience plan identifying behaviors to uphold and habits to correct.

HOW TO TEACH

- Help the Saint write a 21-day plan that names behaviors to uphold and habits to correct
- Discuss what makes a plan sustainable vs. aspirational
- Have him commit to the start date today, not vaguely soon
- Reinforce that the plan is a real schedule, not a wish list

Completion: Saint produces a 21-day gospel obedience plan naming behaviors to uphold and habits to correct.

Requirement 2b: Identify three high-risk situations and write gospel-aligned responses for each.

HOW TO TEACH

- Have the Saint identify three high-risk situations he will face
- Walk through what a gospel-aligned response looks like in each
- Discuss what his current default response is and why
- Reinforce that rehearsed responses hold under pressure

Completion: Saint identifies three high-risk situations and writes gospel-aligned responses for each.

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STEP 2: PLAN — TEACHING GUIDE (CONTINUED)

Requirement 2c: Establish a personal accountability system (mentor, journal, or rule of life).

HOW TO TEACH

- Help the Saint pick an accountability mechanism (mentor, journal, written rule of life)
- Discuss what makes accountability work and what makes it ceremonial
- Have him explain what the mentor or journal will ask him after each opportunity
- Reinforce that accountability is shared honesty, not surveillance

Completion: Saint establishes a personal accountability system through a mentor, journal, or written rule of life.



STEP 3: ACT

LEADER PREPARATION

- ☐ Review all ACT requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE

Requirement 3a: Live your plan for 21 consecutive days, recording daily obedience, failure, repentance, and correction.

HOW TO TEACH

- Set the start date today and run the 21-day plan in real time
- Discuss how to log a broken day honestly without spiraling
- Have the Saint show the record at a mid-run check-in
- Reinforce that the broken days teach more than the perfect ones

Completion: Saint lives the 21-day plan, recording daily obedience, failure, repentance, and correction.

Requirement 3b: Demonstrate Christlike conduct in three different environments despite discomfort or pressure.

HOW TO TEACH

- Identify three different environments (peer group, family, public) for the demonstration
- Watch for what the Saint chose to do and what he chose not to do
- Discuss what was hard about each setting in specific terms
- Reinforce that Christlike conduct is observable in three different mirrors

Completion: Saint demonstrates Christlike conduct in three different environments despite discomfort or pressure.

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STEP 3: ACT — TEACHING GUIDE (CONTINUED)**Requirement 3c: Perform three sacrificial acts of service that require humility or inconvenience.****HOW TO TEACH**

- Pick three service acts that require humility or inconvenience — no public credit
- Discuss what makes a sacrificial act sacrificial (it has to cost something)
- Have the Saint document each act without naming himself
- Reinforce that hidden sacrifice exposes motive better than public service

Completion: Saint performs three sacrificial acts of service requiring humility or inconvenience.

Requirement 3d: Identify one personal weakness and actively confront it using gospel practices for two full weeks.**HOW TO TEACH**

- Help the Saint name a specific personal weakness, not a virtuous-sounding one
- Walk gospel practices for confronting it (prayer, scripture, fasting, accountability)
- Have him commit to two full weeks of active confrontation
- Reinforce that confronting a weakness is different from acknowledging it

Completion: Saint identifies one personal weakness and actively confronts it using gospel practices for two full weeks.

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STEP 3: ACT — TEACHING GUIDE (CONTINUED)

Requirement 3e: Quietly model gospel living in a leadership or peer setting without public recognition.

HOW TO TEACH

- Place the Saint in a leadership or peer setting where modeling matters
- Watch what he does without comment from leaders or peers
- Discuss who noticed what, and what they noticed about his consistency
- Reinforce that quiet modeling is more powerful than public proclamation

Completion: Saint quietly models gospel living in a leadership or peer setting without public recognition.



STEP 4: REFLECT

LEADER PREPARATION

- ☐ Review all REFLECT requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE

Requirement 4a: Write a comprehensive reflection on how obedience changed your character and discipline.

HOW TO TEACH

- Give the Saint a moment of silent reflection before writing
- Ask which specific area changed most in his character or discipline
- Discuss what evidence he has — not feelings, but actions
- Sharpen wording only — do not rewrite the Saint's reflection

Completion: Saint writes a comprehensive reflection on how obedience changed his character and discipline.

Requirement 4b: Identify long-term practices necessary to remain faithful under pressure.

HOW TO TEACH

- Have the Saint name long-term practices needed to stay faithful under pressure
- Discuss the difference between a 21-day push and a 21-year practice
- Walk what he will do when the structured plan ends
- Reinforce that faithfulness is built habits, not single decisions

Completion: Saint identifies long-term practices necessary to remain faithful under pressure.

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STEP 4: REFLECT — TEACHING GUIDE (CONTINUED)**Requirement 4c: Record a final testimony of covenant living and integrity.****HOW TO TEACH**

- Begin with a brief personal example of covenant living that cost something
- Ask the Saint to record his testimony of integrity in his own voice
- Discuss what he knows now that he did not before the 21 days
- Keep the connection grounded in what the Saint actually did

Completion: Saint records a final testimony of covenant living and integrity.



RESOURCES & CONTACT

RECOMMENDED RESOURCES

- Saints Global Resource Library — Online materials and guides
- DPAR Method Quick Reference — Printable guide for leaders
- Child and Youth Program Guidebook — LDS Church Official Documentation for Children and Youth
- For the Strength of Youth — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

 www.saintsglobal.org

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Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.