

SAINTS GLOBAL
LEADER GUIDE

HANDYMAN

PHYSICAL CORE

Version 2026.1



SAINTS GLOBAL

www.saintsglobal.org/resources



PURPOSE & IDENTITY

SKILL BADGE PURPOSE

To equip Saints with practical household maintenance and repair skills, building confidence, responsibility, and problem-solving ability for everyday homeowner situations.

DEVELOPMENT CORE: PHYSICAL

This badge develops physical attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Basic home repair and maintenance
- Tool safety and correct use
- Troubleshooting common household problems
- Stewardship of property and resources
- Preparedness and self-reliance

TIME COMMITMENT

4-6 weeks (suggested)

RECOMMENDED AGE

12+



SAFETY CONSIDERATIONS

⚠ TOOLS

All tools must be used as designed, with proper PPE such as eye protection when required.

⚠ ELECTRICAL AND WATER

Electrical power and water supply must be shut off before repairs; youth may not perform high-voltage or gas-line work.

⚠ SUPERVISION

All tasks must be approved and supervised by a responsible adult.

EMERGENCY CONTACTS

Troopmaster:

Emergency:



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- Review all DISCOVER requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE

Requirement 1a: Explain common hazards found in household repair work and how to prevent injuries.

HOW TO TEACH

- Identify pinch points, sharp edges, and electrical risks
- Discuss ladder and lifting safety
- Explain why rushing causes mistakes
- Reinforce respect for tools and systems

Completion: Saint accurately explains hazards and prevention.

Requirement 1b: Identify basic household tools and explain their proper use and storage.

HOW TO TEACH

- Handle tools safely while naming them
- Match tools to common repair tasks
- Discuss why correct tool choice matters
- Explain clean-up and storage expectations

Completion: Saint correctly identifies and explains tool use.



STEP 2: PLAN

LEADER PREPARATION

- Review all PLAN requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Select three common household problems and explain how you would diagnose each one.

HOW TO TEACH

- Use scenarios such as leaks, loose fixtures, or doors that stick
- Teach step-by-step troubleshooting
- Discuss when to stop and call a professional
- Emphasize observation before action

Completion: Saint explains logical diagnostic steps.

Requirement 2b: Create a simple maintenance checklist for a home or church building.

HOW TO TEACH

- Identify routine tasks (filters, tightening, cleaning)
- Discuss seasonal considerations
- Explain why prevention saves time and money
- Encourage ownership mindset

Completion: Saint produces a usable checklist.



STEP 3: ACT

LEADER PREPARATION

- Review all ACT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE**Requirement 3a: Complete three approved handyman tasks safely and correctly.****HOW TO TEACH**

- Observe work quality and safety
- Correct mistakes immediately
- Require clean work area afterward
- Discuss what was harder than expected

Completion: All tasks are completed safely and properly.

Requirement 3b: Demonstrate how to shut off utilities and explain when this is necessary.**HOW TO TEACH**

- Locate water shutoff, breaker panel, and gas valve (explain-only if restricted)
- Discuss emergency scenarios
- Explain labeling and accessibility
- Reinforce calm response

Completion: Saint correctly identifies shutoff procedures.



STEP 4: REFLECT

LEADER PREPARATION

- Review all REFLECT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE

Requirement 4a: Explain how learning basic handyman skills changes your confidence and responsibility at home.

HOW TO TEACH

- Ask for a specific example
- Discuss pride in good work
- Connect responsibility to service
- Encourage continued learning

Completion: Saint gives a concrete reflection.

Requirement 4b: Identify one household repair skill you want to improve next and why.

HOW TO TEACH

- Discuss realistic next steps
- Encourage seeking mentorship
- Reinforce patience and practice
- Affirm effort over perfection

Completion: Saint identifies a clear next skill.



RESOURCES & CONTACT

RECOMMENDED RESOURCES

- [Saints Global Resource Library](#) — Online materials and guides
- [DPAAR Method Quick Reference](#) — Printable guide for leaders
- [Child and Youth Program Guidebook](#) — LDS Church Official Documentation for Children and Youth
- [For the Strength of Youth](#) — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

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Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.