

SAINTS GLOBAL

ACTIVITY PLAN

SHOTGUN SHOOTING

INTELLECTUAL CORE

Version 2026.1



Companion to the BRC: a series of one-hour activity sessions for use on weekly activity night or at home. Each session declares which requirements it contributes to.

THE CULMINATING EVENT

The supervised clay-target session

A range day at an approved shotgun range, led by certified instructors and a range safety officer. Saints arrive under guardian release, follow every command, demonstrate safe transport and storage, complete multiple supervised rounds at clay targets, and respond correctly to an instructor-led stop drill. The session also includes observation of the three clay sports practiced at the facility. This is where the field requirements are earned.

OUTDOOR — APPROVED SHOTGUN RANGE, CERTIFIED INSTRUCTOR AND RANGE SAFETY OFFICER ON SITE

SESSION 1 · INTELLECTUAL CORE

⌚ 60 min target

Safety culture and the four rules

Safety is the habit you keep before you ever touch a shotgun.

SESSION AIM

Run Step 1 end to end. Saints work through projectile risk and approved-location principles, the four cardinal rules of firearm safety, eye and ear protection fit and care, and the local laws that govern shotgun use and wildlife stewardship. Saints leave with Step 1 marked on the BRC and a refusal sentence they can use under peer pressure.

🎯 WALK AWAY WITH

- Can state the four cardinal rules of firearm safety from memory
- Has a refusal sentence ready for the "come look at this gun" situation
- Can fit eye and ear protection correctly and explain why each is required
- Has named one community or state law that governs shotgun use

📦 BRING / SET UP

- Printed Four Rules & Range Commands handout (one per saint)
- A range of eye protection (clear, amber, smoke) and ear protection (foam plugs, muffs, electronic muffs) — enough for each saint to fit
- An inert training shotgun or labeled diagram for demonstrations — no live ammunition in the room
- A printed copy of the local state hunting and firearm summary page (one per pair)
- Sticky notes and a pen per saint

🕒 THE HOUR**BLOCK 1 · DISCUSSION Opener — Why the rules exist**

⌚ 5 min

Round the room in one sentence each: 'Where have you seen a firearm in person, and what did the adult around it do that was either careful or careless?' The aim is not stories of expertise — it is recognizing the difference between casual handling and habitual safety. The next hour turns that difference into the habits a saint will use at the range.

SESSION 1 · SAFETY CULTURE AND THE FOUR RULES (PAGE 2 OF 3)

THE HOUR — CONTINUED

BLOCK 2 · SKILL PRACTICE **The four cardinal rules**

⌚ 14 min

1. Hand out the Four Rules card to every saint. Read each rule aloud once, then have a different saint repeat it back without reading.
2. For each rule, walk a real example using the inert training aid: treat-as-loaded (the bench check), muzzle direction (the carry to the line), trigger discipline (the index along the receiver), target and beyond (the backstop behind the clay).
3. Spot-the-violation drill: the leader handles the inert aid carelessly on purpose — sweeps a corner of the room, finger on the trigger, points it at a wall with people behind it. Saints call out the rule being broken and which one applies.
4. Each youth states one rule he is most likely to break by accident and what habit will prevent it. Write it on a sticky note and stick it to the inside cover of the BRC.

REQ 1A

REQ 1B

BLOCK 3 · ROLEPLAY **Refuse the unsupervised gun**

⌚ 16 min

1. Set the scene: you are at a friend's house. He says 'Look what my dad has' and reaches into a closet. No adult in the room. Run the scenario in pairs.
2. Each youth practices a refusal sentence out loud, three times, looking at his partner. The sentence has three parts: stop the moment, name the rule, leave the room. 'No — that's not a thing we do without your dad here. Let's go outside.'
3. Run the harder version: the friend says 'Don't be a baby, it's not loaded.' The youth says his refusal sentence again, unchanged. Practice not arguing the technical point — whether the gun is loaded does not change the answer.
4. Discuss: courage at thirteen often looks like saying no plainly to someone who is pushing. The saint who refuses is not weak, he is the only one in the room doing what every adult would tell him to do.
5. Each youth writes his refusal sentence on the same sticky note as his rule from B2. He has both ready before he walks into any room with a firearm.

REQ 1B

SESSION 1 · SAFETY CULTURE AND THE FOUR RULES (PAGE 3 OF 3)

THE HOUR — CONTINUED

BLOCK 4 · SKILL PRACTICE **Fit the protection, learn the law**

⌚ 20 min

1. Spread the eye and ear protection on the table. Each youth tries at least two of each type. Confirm coverage: glasses must wrap the temples; muffs must seal around the ear without a gap at the temple or jaw.
2. Plug-fit check: roll the foam plug thin, pull the top of the ear up and back, insert until two-thirds is in the canal, hold while it expands. If a saint can hear his own voice loudly while talking, the plug is not seated.
3. Each youth explains aloud what each protection type does: clear lenses for indoor or overcast, amber for orange clay against a green background, smoke for bright sun. Plugs for shotgun-only days, muffs for indoor or pistol-bay days, electronic muffs when you also need to hear commands.
4. Split into pairs. Each pair takes the printed state summary and finds three things: the minimum age for supervised shotgun use, the rules for transport in a vehicle, and the season or location restrictions on hunting use. Report back.
5. Discuss: hunting and firearm laws are stewardship of people, property, and wildlife. They are not a list of obstacles. A saint who knows the law shoots in places that are lawful and supervised, and he keeps the sport open for the next group.

REQ 1C

REQ 1D

BLOCK 5 · REFLECTION **Close — Step 1 marked**

⌚ 5 min

1. Each youth reads his sticky note aloud: the rule he is most likely to break and his refusal sentence.
2. Confirm Session 2 location and that every saint will arrive with the Four Rules card and his BRC.

AT THE CLOSE · DEBRIEF

1. Which of the four rules do you think you will have to work hardest to keep, and why?
2. Say your refusal sentence aloud — would it actually leave your mouth if a friend asked tonight?
3. Which protection fit best, and which one are you going to bring on range day?

☑ Mark 1a, 1b, 1c, and 1d after this session — Step 1 completes in-session and does not depend on the range trip.

SESSION 2 · INTELLECTUAL CORE

⌚ 60 min target

The shotgun, the shell, and the range plan

Know the equipment and the procedure before you arrive at the range.

SESSION AIM

Handle an inert shotgun and a cutaway shotshell to name every principal part and what it does, learn the three clay sports and the gauges and shot sizes used at the range, build a personal range-readiness plan, and walk the misfire decision tree. Saints leave with a written plan to carry to the range and a service contribution agreed for the trip.

🎯 WALK AWAY WITH

- Can name the principal parts of a shotgun and a shotshell and what each does
- Can describe trap, skeet, and sporting clays and the gauges and shot sizes seen at each
- Has a written range-readiness plan including gear, behavior, and a stress-control move
- Knows the misfire / hangfire / squib decision tree and the service plan for range day

📦 BRING / SET UP

- Inert training shotgun (action type the range will use) with the action open and visibly empty
- Printed Clay Sports & Equipment handout (one per saint)
- A cutaway or labeled diagram of a shotshell and an unfired empty hull for each pair
- Printed Range-Readiness Plan worksheet (gear list, behavior commitments, misfire response, service contribution)
- A printout of the range's rulebook and a one-page summary of the planned range day
- Pen per saint

🕒 THE HOUR

BLOCK 1 · DISCUSSION **Opener — Cards out, rules back**

⌚ 5 min

Each youth places his Four Rules card on the table. Round the room: one rule each, recited from memory, no peeking. Anyone who fumbles reads from the card and keeps it open through B2. The aim is that the four rules become reflex before the saint handles even an inert shotgun in B2.

SESSION 2 · THE SHOTGUN, THE SHELL, AND THE RANGE PLAN (PAGE 2 OF 3)

THE HOUR — CONTINUED

BLOCK 2 · SKILL PRACTICE **Parts of the shotgun and the shell**

⌚ 16 min

1. Confirm the inert shotgun is clear — action open, chamber and magazine visibly empty — before any saint approaches.
2. Walk the principal parts together: muzzle, barrel, bead, action, receiver, chamber, trigger, trigger guard, safety, stock, and butt. For each, name what it does in one sentence. Compare two action types at the diagram level — break-action and pump or semi-auto — without operating the gun.
3. Each youth steps up in turn, action open and muzzle in a safe direction, and points to each part as he names it. He explains the safety in his own words. If a saint cannot name a part, the next saint coaches him.
4. Move to the shotshell. Hand each pair a labeled diagram and an empty hull. Walk the parts: hull, primer, powder, wad, shot column, crimp. For each, name what it does.
5. Discuss: a shell is engineered to fire once. Knowing what is inside the hull — primer, powder, wad, shot — is part of handling the gun responsibly.

REQ 2A

BLOCK 3 · DISCUSSION **Three clay sports, gauges, and shells**

⌚ 14 min

1. Hand out the Clay Sports & Equipment card. Walk the three sports together: trap (one clay flying away from a single house, five rotating stations), skeet (two houses throwing crossers from a high and a low position, eight stations on an arc), and sporting clays (a walking course of varied presentations meant to mimic field game).
2. Walk the gauges: 12, 20, 28, and .410. Smaller gauge number means larger bore. Most clay shooters at the range will be on 12 or 20. New saints often start on 20 because recoil is lighter.
3. Walk shot sizes: bigger number means smaller pellets. #7.5, #8, and #9 are the clay sizes. #6 and #5 are upland birds. #4, #2, and BB are larger game. The shell box tells you both the gauge and the shot size — read the box before you load the chamber.
4. Discuss: lead and follow-through. Eyes on the clay, not the bead. The barrel swings ahead of the target — a foot or two for a crossing clay, more if it is fast. Keep the barrel moving after the shot. Stop the swing and you miss behind.
5. Each youth picks the gauge and shot size he expects to use on range day from the range's posted ammo and writes it on his Range-Readiness Plan.

REQ 2A

REQ 3E

SESSION 2 · THE SHOTGUN, THE SHELL, AND THE RANGE PLAN (PAGE 3 OF 3)

THE HOUR — CONTINUED

BLOCK 4 · CREATIVE **Build the range-readiness plan**

⌚ 20 min

1. Hand out the Range-Readiness Plan worksheet. Each youth fills it as the session continues — it is the paper he brings to the range day.
2. Gear section: eye protection (which lens), ear protection (which type), brimmed hat, closed-toe shoes, hydration, the Four Rules card, his BRC, and a small notebook. Cross off what he already owns and circle what he needs to acquire before range day.
3. Behavior section: each youth writes one sentence on each of three commitments — how he will respond to the range officer, what he will do when waiting his turn, and what he will do if another saint at the line is doing something unsafe.
4. Misfire decision tree: walk it as a call-and-response. The instructor calls a scenario — "the trigger pulls and nothing happens" (misfire), "the trigger pulls, you hear a click, then a delayed bang" (hangfire), "the report sounds weak and the recoil is wrong" (squib). For each, the response is the same: keep the muzzle downrange, finger off the trigger, count to thirty with the action closed, and call the range officer. Do not turn around. Do not open the action until he says so.
5. Stress control: each youth writes one move he will make if he feels rushed on the line — three slow breaths, lower the gun to safe, ask the officer for a moment. The move is decided now, not invented under pressure.
6. Service section: as a group, pick one approved service contribution for range day — trash patrol at the firing line, restocking station signs, a thank-you note to the range officer at the end. Confirm with the range that it is permitted. Each youth writes his role on the worksheet.

REQ 2B

REQ 2C

REQ 2D

BLOCK 5 · REFLECTION **Close — Plan check**

⌚ 5 min

1. Pair up and trade Range-Readiness Plans. Each youth checks his partner's plan for one missing item or one weak behavior sentence.
2. Take the plan home. Bring it to the range on Saturday with every gear item checked off and the misfire response written from memory.

AT THE CLOSE · DEBRIEF

1. Which part of the shotgun were you least sure about, and what does it actually do?
2. What is your stress-control move on the line, and have you said it out loud?
3. Which of the three clay sports are you most curious to try, and why?

✓ Mark 2a, 2b, 2c, and 2d after this session. Note any saint missing required gear and check before he arrives at the range on Saturday.

SESSION 3 · INTELLECTUAL CORE

⌚ 60 min target

Range day — supervised clay session

Obey every command. Shoot only when told to. Stop when uncertain.

SESSION AIM

The session is held at an approved range, under certified instructors and a range safety officer. Saints work through the full range day from arrival to departure — gear check, range briefing, safe transport and storage demonstration, multiple supervised rounds at clay targets, an instructor-led stop drill, observation of the three clay sports, and the agreed service contribution. The hour structure assumes the range visit is the meeting; total time on site will exceed 60 minutes once travel, setup, and cleanup are included.

🎯 WALK AWAY WITH

- Has completed multiple supervised rounds at clay targets with full command compliance
- Has demonstrated safe transport and storage principles with inert aids and a locked case
- Has responded correctly to an instructor-led stop drill and can explain the reasoning
- Has observed the three clay sports at the range and named specific safety habits and one improvement

📦 BRING / SET UP

- Each saint brings: his BRC, the Four Rules card, the Clay Sports card, his Range-Readiness Plan, his fitted eye and ear protection, brimmed hat, closed-toe shoes, hydration
- Range officer's pre-approved gear: lockable case for the transport-and-storage demo, inert training aid, posted range rules
- Ammunition: range-approved shells in the gauge and shot size agreed in Session 2 (handled by certified staff)
- Trek log: one master copy held by the leader for the trek-log requirement record
- Service-task supplies if the range permits (trash bags, station markers, or a thank-you note)

📅 THE HOUR**BLOCK 1 · DISCUSSION Opener — Briefing and gear check**

⌚ 10 min

Meet at the range pavilion before approaching the line. The range officer briefs the day — commands in use, station layout, expected sequence, and what "cease fire" means today. Each youth lays his gear on the bench: Four Rules card, BRC, eye and ear protection on, hat, Range-Readiness Plan. The leader walks the line and confirms each kit. Any saint missing required protection does not approach the line until the gap is fixed.

SESSION 3 · RANGE DAY — SUPERVISED CLAY SESSION (PAGE 2 OF 3)

THE HOUR — CONTINUED

BLOCK 2 · SKILL PRACTICE **Safe transport and storage demo**

🕒 12 min

1. Move to the side of the pavilion away from active stations. The range officer uses an inert training aid and a locked case for a stationary demonstration.
2. Walk the access-control story: at home — case locked, ammunition stored separately, key or combination held by an adult. In the vehicle — cased, action open if the case allows it, ammunition separate from the firearm, secured against shifting.
3. Each youth practices the "what goes where" sequence with the inert aid and the case: place the firearm muzzle-up in the case, close and confirm the lock, place ammunition in a separate compartment or bag.
4. Discuss the harder scenarios: arriving at the range and walking from the parking lot, returning home after a long day when you are tired, and the vehicle stop on the way home. Each youth explains aloud what he does when a police officer asks about the case in the trunk.
5. Discuss: safe storage is not just legal compliance. It keeps a firearm out of the wrong hands at home and prevents accidents. Access control at home is a saint's responsibility, not just an adult's.

REQ 3C

BLOCK 3 · PHYSICAL **The supervised clay session**

🕒 22 min

1. The range officer assigns saints to stations in rotations. One saint on the line at a time per station; the rest stand behind the safety line with action open if they are holding a shotgun at all.
2. For each turn: eyes and ears on. Step to the line on call. Load only on instruction, one shell at a time unless otherwise told. Mount the gun cleanly. Call for the bird. Take the shot when ready. Confirm the action is open and the chamber empty before stepping back.
3. Between turns the youth verbalizes one safety check he just performed — "my action is open and clear," or "my finger is off the trigger and along the receiver," or "my muzzle is downrange and I am stepping back." Saying the check aloud every turn is what builds the habit.
4. After each round, the range officer calls a quick reset — saints clear the line, drink water, breathe. Do not chase a bad round with a quick reload. Steady focus matters more than how many you hit.
5. Goal is safe consistency across multiple rounds, not a high score. A saint who lowers the gun and asks the officer to verify a chamber is succeeding, not failing.

BY TIER

ENTRY

Run a 20-gauge break-action under instructor handover at every step. One shell at a time. Aim only for safe completion of a round.

ESTABLISHED

Run the gauge and action you planned in Session 2. Track a personal goal — call your own pace between turns, but keep deferring to the range officer on every command.

MENTOR

After your own round, observe a newer saint at his station. You do not coach in the moment — you watch and feed one specific note to the range officer at the reset if he asks you for one.

REQ 3A

REQ 3B

SESSION 3 · RANGE DAY — SUPERVISED CLAY SESSION (PAGE 3 OF 3)

THE HOUR — CONTINUED

BLOCK 4 · ROLEPLAY The stop drill and the three sports

⌚ 8 min

1. During the rotations, the range officer calls "cease fire" at an unscheduled moment — between shots, during a station transition, or as a saint is mounting the gun. Every saint on the line stops, finger off, muzzle downrange, action opens, steps back.
2. After the drill, walk the line. Each youth involved explains what he did, in order, and why each step happened in that order. Praise correctness; correct the order if anyone got it wrong.
3. Walk to a viewing position where another sport is running at the range. Watch a round of skeet or sporting clays if available; otherwise observe a trap squad. Each youth notes one specific safety habit being practiced well (a hand position, an unmount, a wait) and one habit that could be improved — said respectfully and about the system, not the shooter.
4. Each youth writes both notes in the back of his BRC. The observation is field evidence for the requirement.

REQ 3E

REQ 3F

BLOCK 5 · SERVICE Close — Service and sign-off check

⌚ 8 min

1. Run the agreed service contribution under range supervision — trash police along the firing line, station-sign restock, or whatever was approved in Session 2. Each youth has a clear role and a visible done standard.
2. When the area is checked, the youth assigned to the thank-you walks it to the range officer or staff. The rest of the group thanks the officer directly before leaving.
3. The leader records in the trek log: each saint's rounds completed, who responded correctly to the stop drill, who completed safe-storage demo, who participated in the service. This is the BRC evidence for 3a, 3b, 3c, 3d, and 3f.

REQ 3D

AT THE CLOSE · DEBRIEF

1. During the stop drill, what did your hands do first, and is that what should happen first?
2. Which round of clays felt the calmest, and what was different about your setup that time?
3. Watching the other squad, what was the one safety habit you saw done well that you want to copy?

☑ Mark 3a, 3b, 3c, 3d, 3e, and 3f after this session, confirmed against the trek log. Note any saint who needed extra prompting on a command — schedule a one-on-one before Session 4 sign-off.

SESSION 4 · INTELLECTUAL CORE

🕒 60 min target

Stewardship and BRC sign-off

*Carry the discipline home and finish the badge.***SESSION AIM**

The review session after range day. Saints work through Step 4 — restraint and obedience, stewardship of people and wildlife, and one supervised pathway forward — using the range trip as concrete material. The hour ends with a BRC walk-through and sign-off, including the home-storage commitment each saint takes back.

🎯 WALK AWAY WITH

- Has named one moment on the line where he chose caution over pride
- Has a written stewardship response for the next time he sees careless handling
- Has identified one lawful, supervised next step in shooting sports or related stewardship
- Has a signed BRC and a home-storage commitment

📦 BRING / SET UP

- Each saint brings: his BRC, his Range-Readiness Plan from Session 3 (with the BRC field notes), and any range observation notes
- Half-sheets of paper and pens (one per saint for the keep-and-drop writing)
- A printed list of local supervised pathways — junior shooting programs, conservation volunteer opportunities, hunter safety courses, range volunteer roles — appropriate to ages 13+
- The trek log from range day (leader holds the master)

🕒 THE HOUR**BLOCK 1 · DISCUSSION Opener — One thing from the line**

🕒 5 min

Go around the circle. Each saint answers in one sentence: what is the one thing from range day that has stayed with you all week? Do not comment or compare. The range officer's voice, a moment of waiting that felt long, a clean break on a hard clay, a saint who helped you — name one and move on.

SESSION 4 · STEWARDSHIP AND BRC SIGN-OFF (PAGE 2 OF 3)

THE HOUR — CONTINUED

BLOCK 2 · DISCUSSION **Caution over pride**

⌚ 16 min

1. Pair up with a saint who was not on your station at the range. Five minutes each, one talks, the other listens. No advice and no comparing.
2. Each youth names one specific moment on range day where he chose caution over pride — lowered the gun, asked the officer, refused to chase a shot, stopped a friend from rushing. If he cannot find one from range day, he names one from earlier in life.
3. Switch and repeat for five minutes.
4. Each pair reports back to the group one phrase from the partner's story — only what the partner gave permission to share.
5. Discuss: restraint is not weakness. The range officer's call to wait is exactly what makes the sport repeatable and safe. A saint who can stop when uncertain is the one his troop and his family can trust around equipment.

REQ 4A

BLOCK 3 · ROLEPLAY **Stewardship — when others are careless**

⌚ 14 min

1. Run three quick scenarios in pairs, three minutes each. (A) A cousin at a family gathering takes a shotgun off a rack and starts pointing out features, muzzle sweeping the room. (B) A friend at the public range shoulders a gun while others are forward of the line. (C) Online, you see another saint posting an unsafe handling video for laughs.
2. For each scenario, the youth answers three questions aloud: what do you say in the first ten seconds? Who do you go to if the person does not stop? What do you do tomorrow?
3. Discuss: courage and kindness coexist. You can speak up plainly without humiliating someone. The point is to interrupt the unsafe moment, not win the argument.
4. Each youth writes a single stewardship sentence in his BRC margin: "When I see careless handling, I will _____. " It must be specific enough that he would actually do it.
5. Discuss: stewardship extends to wildlife. The saint who knows the seasons, the bag limits, and the lawful locations is the one keeping the sport open for the next family.

REQ 4B

SESSION 4 · STEWARDSHIP AND BRC SIGN-OFF (PAGE 3 OF 3)

THE HOUR — CONTINUED

BLOCK 4 · CREATIVE **A supervised next step**

⌚ 15 min

1. Hand out the printed list of local pathways. Each youth picks one — a junior trap or skeet league, a hunter safety course, a range volunteer role, or a conservation program.
2. Each youth writes on a half-sheet the prerequisites: cost, supervision, who he needs to talk to first (a parent, the range manager, a leader), and the timing — what is the next thirty-day step and what is the next ninety-day step.
3. Each youth reads his half-sheet aloud. The leader checks that the next step is genuinely supervised and lawful at the saint's age. Pathways that depend on equipment a saint does not have are fine — but the next step is the conversation, not the purchase.
4. Discuss: a thirteen-year-old does not need to own a shotgun to grow in the sport. Borrowed range time, supervised programs, and conservation volunteer hours all keep him moving. Equipment ownership comes later, with maturity and lawful storage.

REQ 4C

BLOCK 5 · REFLECTION **Close — BRC sign-off**

⌚ 10 min

1. Walk the BRC with each saint one at a time while the rest of the group cleans up. Confirm each requirement against the trek log and the field notes.
2. For 3a through 3f, confirm against the trek log from range day. For 4a and 4b, confirm against the margin sentences. For 4c, confirm against the half-sheet.
3. Each youth signs the BRC and writes one home-storage commitment on the inside cover — what he will do this week to confirm any firearm in his home is stored to the standard the badge taught.
4. Leader and saint each sign the BRC. The saint takes the BRC home.

AT THE CLOSE · DEBRIEF

1. Which of the four cardinal rules do you now keep without thinking, and which one still takes effort?
2. What is your stewardship sentence, and who in your family will first see you live it out?
3. What is the next supervised step you have written down, and what is the date by which you will take it?

📝 Mark 4a, 4b, and 4c after this session. With 1a–1d marked at Session 1, 2a–2d at Session 2, and 3a–3f confirmed from range day, the BRC should fully sign off tonight.

HANDOUT 1 OF 2

FROM SESSION 1 — THE FOUR CARDINAL RULES

Four Rules & Range Commands

Carry this card to the range. Read the four rules before you leave the truck.

SHOTGUN · SAFETY CARD

Four rules. Every command. Every time.

Carry this card to the range. Read the four rules before you leave the truck.

THE FOUR CARDINAL RULES

1 Treat every gun as loaded.

Even when you watched it cleared.
Even at home. Even on the bench.
The habit is the safety, not the last check.

2 Muzzle in a safe direction.

Downrange on the line. Up or at the ground anywhere else. Never sweep a person, even with an open action.

3 Finger off the trigger.

Index finger straight along the receiver until your sight is on the target and you have decided to shoot. Not before.

4 Know your target and beyond.

Identify the clay. See the backstop behind it. If you cannot account for where the shot stops, you do not shoot.

RANGE COMMANDS — OBEY IMMEDIATELY

COMMAND

WHAT YOU DO — IN ORDER

"COMMENCE FIRE"

range is hot

Eyes and ears on. Step to the line on call.
Load only on instruction. Engage your station.

"CEASE FIRE"

stop, every time

Stop. Finger off. Muzzle downrange. Open the action. Step back. Wait for the next command.

LINE DISCIPLINE

- A Action open whenever you are not on the line.**
Off the line, on the rack, in transit — the action is open and visibly empty.
- B Load only when the range officer says so.**
One shell at a time unless instructed. Never load behind the line.
- C If something feels wrong, stop and call the officer.**
Misfire, hangfire, squib, or a strange feel — keep the muzzle downrange and wait.

Safety is a habit you keep every time, not a rule you remember some of the time.

Print this handout for in-person reference during session 1 — the four cardinal rules.

HANDOUT 2 OF 2

FROM SESSION 2 — THREE CLAY SPORTS, GAUGES, AND SHELLS

Clay Sports & Equipment

Bring this to the range. Read the sport before you walk to the station and check your shell against the box.

SHOTGUN · REFERENCE CARD

Three sports, your gauge, your lead.

Learn the sport you are at, the shell in the chamber, and the swing that hits the clay.

THREE CLAY-TARGET SPORTS

SPORT 1

Trap

five stations behind one house



One clay flies away from you, angle unknown. Five shooters rotate through five posts.

SPORT 2

Skeet

two houses, crossing shots



A high and a low house throw clays that cross. You shoot from eight stations on an arc.

SPORT 3

Sporting clays

walking course, varied stations



A course of stations meant to mimic field game. Every station throws a different presentation.

GAUGES AND SHOT SIZES

GAUGE — BORE DIAMETER

12 gauge

most common; trap, skeet, hunting

20 gauge

lighter; common for newer shooters

28 gauge / .410

small bore; lighter loads and recoil

A smaller gauge number means a larger bore. 12 is wider than 20.

SHOT SIZE — WHAT IT IS FOR

#7.5, #8, #9

small pellets; trap, skeet, sporting clays

#6, #5

upland birds — pheasant, dove

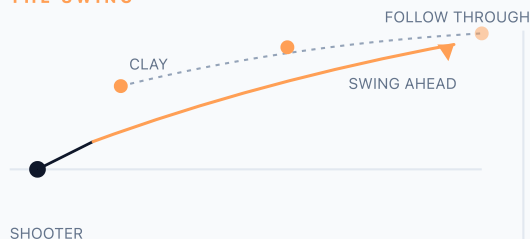
#4, #2, BB

larger game — waterfowl, turkey

A bigger number means smaller pellets. The shell tells you both.

LEAD AND FOLLOW-THROUGH

THE SWING



FOUR-STEP SWING

- 1 Mount the gun cleanly.**
Cheek to stock first, then stock to shoulder.
- 2 Track the clay with your eyes.**
Eyes on the clay, not the bead. Barrel follows.
- 3 Lead — swing ahead of the clay.**
A foot or two for a crosser; more if it is fast.
- 4 Keep the barrel moving after the shot.**
Stop the swing and you miss behind. Follow through.

Match the gauge to the shooter, the shell to the target, and the swing to the clay.

Print this handout for in-person reference during session 2 — three clay sports, gauges, and shells.