

SAINTS GLOBAL

ACTIVITY PLAN

SHARING THE GOSPEL

SPIRITUAL CORE

Version 2026.1



Companion to the BRC: a series of one-hour activity sessions for use on weekly activity night or at home. Each session declares which requirements it contributes to.

THE CULMINATING EVENT

The two real conversations

Between Session 3 and Session 4, each saint has two real gospel conversations with people he actually knows — a non-member friend, a neighbor, a coworker, or a relative. The conversations are unscripted, but the saint has prepared answers in his own words and an anchor scripture for the questions he expects.

OFF-MEETING — WHEREVER THE CONVERSATION NATURALLY HAPPENS

4 SESSIONS IN THIS PLAN

SESSION 1 · SPIRITUAL CORE

🕒 60 min target

Why and how

Sharing the gospel is a covenant duty, and there are four ways to do it.

SESSION AIM

Read the four covenant scriptures aloud once, sort them against three personal commitments each saint has already made, then walk the four methods of sharing — example, service, testimony, teaching — with one real example each. The session launches the two-adult interview assignment with the leader telling his own honor-cost story first.

🎯 WALK AWAY WITH

- Has read the four covenant scriptures and named one commitment each one connects to
- Has named the four sharing methods and matched each to a real setting he will face
- Has two adult names written down for the interview assignment and the first call scheduled

📦 BRING / SET UP

- Scripture handout — Matthew 28:19–20, Mosiah 18:8–10, Doctrine and Covenants 18:15–16, Alma 29:9 (one per saint)
- Index cards — one per saint, blank, for the personal-commitments sort
- A whiteboard or large pad and markers for the four-methods walk
- Interview question sheets (one per saint) for the Session 3 mission
- Pens, a timer, and open space to sit in a circle

🕒 THE HOUR**BLOCK 1 · DISCUSSION Opener — Three people you would tell**

🕒 5 min

Ask each saint to think of three people in his life — not church people — who he would want to share the gospel with someday. No names out loud yet. Just hold the three faces in mind. Then take two or three short answers about why those three. Keep it brief. The point is to put real people in the room before the work begins.

SESSION 1 · WHY AND HOW (PAGE 2 OF 3)

THE HOUR — CONTINUED

BLOCK 2 · SCRIPTURE **The four covenant scriptures**

⌚ 12 min

1. Hand out the scripture sheet. Matthew 28:19–20, Mosiah 18:8–10, D&C 18:15–16, Alma 29:9.
2. Read each passage aloud once, slowly. Pause at "go ye therefore" and at "mourn with those that mourn". Do not add commentary.
3. Give each saint an index card and three minutes of silent time. Write three commitments he has already made — baptism, the priesthood, the Saint's Oath, a temple-prep covenant, any covenant on his shelf.
4. Each saint reads one commitment aloud and names which of the four passages connects to it. One sentence per saint. No discussion.
5. Name the point plainly: covenant duty means sharing is something he has already promised, not something he gets to choose later.

REQ 1A

BLOCK 3 · SKILL PRACTICE **Walk the four methods**

⌚ 18 min

1. Write the four methods across the board: example, service, testimony, teaching. One column under each.
2. For each method, take one real example from a saint or the leader — three or four minutes per column. Example: someone in the room whose conduct made another person ask a question. Service: a real act someone did. Testimony: a moment someone said out loud what he believes. Teaching: a real lesson someone has taught.
3. After each example, ask the room: what setting is this method right for, and what risk does it carry? Capture one risk per column — over-presenting, withholding, error, mistiming.
4. Wrap by naming the takeaway: the four methods are tools, not a ranking. The skill is picking the right one for the person in front of you.

REQ 1B

BLOCK 4 · SERVICE **Launch the interview assignment**

⌚ 20 min

1. Leader goes first. Tell a three- to five-minute story of a time you shared the gospel — one experience that landed and one that did not. Be specific about what made the difference: preparation, timing, the relationship.
2. Explain the assignment: by Session 3, each saint interviews two adults — parents, leaders, or mentors — about their own gospel-sharing experiences, comparing one effective with one challenging.
3. Hand out the interview sheets. Walk the prompts in about a minute. They are conversation starters, not a checklist.
4. Give five minutes of in-session work. Each saint writes the two names on his sheet and drafts a one-sentence opening question. Help anyone who cannot name two.
5. Set the expectation that the first call goes out before he sleeps tonight.

REQ 1C

SESSION 1 · WHY AND HOW (PAGE 3 OF 3)

THE HOUR — CONTINUED

BLOCK 5 · REFLECTION **Close — Notice one chance you skipped**

⌚ 5 min

1. Assign the noticing: this week, notice one moment when someone gave you an opening to share — a question, a hard day, a real conversation — and you skipped it. One moment, ready to share next week.
2. Confirm Session 2's date. Remind the saints the first interview call goes out tonight.

AT THE CLOSE · DEBRIEF

1. Which of the four scriptures hit the hardest, and why that one?
2. Of the four methods, which one are you least practiced at?
3. Who is the first adult you are calling for the interview, and when?

☑ Mark Req 1a and 1b after this session. Req 1c is launched here; mark it after the interview debrief in Session 3.

SESSION 2 · SPIRITUAL CORE

⌚ 60 min target

Outline, scenarios, and the hard questions

Plan what you will actually say before you have to say it.

SESSION AIM

Each saint drafts the four-part testimony outline on the worksheet, partners up to roleplay three real-life sharing scenarios, then prepares written responses to four common gospel questions using the field card. The first of the three testimony shares (Req 3a) is scheduled for the coming week.

🎯 WALK AWAY WITH

- Has a four-part testimony outline written in his own handwriting, including the two-minute spoken version
- Has performed three real-life sharing scenarios — both the easy response and the right response
- Has four common-question responses written in his own words and a date for his first testimony share

📦 BRING / SET UP

- Testimony outline worksheet (handout 1, one per saint)
- Common questions field card (handout 2, one per saint)
- Three pre-printed scenario cards — a friend asks about your faith, a relative pushes back on church, a coworker is going through something hard
- Scriptures — saints bring their own; have two or three spare standard works for anyone who forgot
- Pens, a timer, open floor space for the roleplays

🕒 THE HOUR**BLOCK 1 · DISCUSSION Opener — Last week's noticed moments**

⌚ 5 min

Open with the noticing assignment from last week. Three or four saints share the moment they noticed and skipped — the situation, the opening they saw, what stopped them. Keep it brief. The point is to put the real friction in the room before the planning starts.

BLOCK 2 · CREATIVE Draft the testimony outline

⌚ 20 min

1. Hand out the testimony outline worksheet. Walk the four parts in under a minute: the core doctrine of Christ, one defining spiritual experience, how the gospel governs a real decision, the two-minute spoken version.
2. Frame the writing this way: write the words you would actually use with one of the three people you named in Session 1. Not the words you heard in fast and testimony meeting.
3. Give fifteen minutes of silent writing. Circulate and ask one sharpening question per saint. Do not rewrite his words.
4. In the last three minutes, each saint reads his two-minute version aloud to a partner. The partner times it. If it runs long, cut. If it runs short, leave it short.

REQ 2A

SESSION 2 · OUTLINE, SCENARIOS, AND THE HARD QUESTIONS (PAGE 2 OF 2)

THE HOUR — CONTINUED

BLOCK 3 · ROLEPLAY **Perform the three sharing scenarios**

⌚ 15 min

1. Form three pairs and hand each pair one scenario card. Give each pair four minutes to prepare two one-minute roleplays: the easy-but-wrong response and the right response.
2. Each pair performs both for the group, back to back. The watching saints note one thing the right version did that the easy version did not.
3. After all three pairs, capture on the board what made each right response work — the tone, the timing, the question asked back, the silence held.
4. Name the takeaway: a respectful response is not a softer version of the wrong response. It is a different move — usually one that listens first.

REQ 2B

BLOCK 4 · CREATIVE **Prepare the common-question responses**

⌚ 15 min

1. Hand out the common questions field card. Read the four questions aloud once: why hard things happen, why this church, faith and science, "I don't want to be preached at".
2. Each saint picks two of the four. Study the anchor scriptures on the card. Write a three- to four-sentence response to each in his own words on the back of the card.
3. The leader walks the room and sharpens wording. Do not write the response for him. The card is preparation, not a script.
4. In the last three minutes, partner up. Each saint reads one response aloud while the partner asks the actual question as if it just came up. Note one place the response felt thin.
5. Bring the marked card to the leader before Session 3 for review. Req 2c requires leader sign-off.

REQ 2C

BLOCK 5 · REFLECTION **Close — First testimony share scheduled**

⌚ 5 min

1. Each saint names the first of three people he will share his testimony with (Req 3a) and writes the date on the BRC. The first share lands before Session 3.
2. Reminder: bring the reviewed common-questions card and the polished testimony outline to Session 3. The hard-conversation roleplay needs both.

AT THE CLOSE · DEBRIEF

1. Which part of the testimony outline took the longest to write?
2. In the roleplay, what made the right response harder than the easy one?
3. Which of the four common questions are you least ready for, and what will you study before the next conversation?

☒ Mark Req 2a once the outline is filled in. Mark Req 2b after the roleplays. Mark Req 2c only after the leader reviews each saint's written responses. Req 3a is launched here; mark when all three shares are done.

SESSION 3 · SPIRITUAL CORE

⌚ 60 min target

Practice the hard conversation

Walk another saint through a real conversation while his partner pushes back.

SESSION AIM

Saints debrief one loaded moment from each of their two adult interviews, then run the hard-conversation drill in pairs — one saint walks the other through the gospel while the partner asks the hardest questions he can. The session ends by setting the two real-conversation dates for the off-meeting featureEvent and planning the two service acts.

🎯 WALK AWAY WITH

- Has shared one loaded moment from each adult interview and heard the same from his peers
- Has walked another saint through the gospel under real pushback and felt where his answers went thin
- Has two real-conversation dates committed and two service acts planned for before Session 4

📦 BRING / SET UP

- Each saint's reviewed common-questions field card and testimony outline
- Pushback prompt cards — one per pair, with three hard questions written on each (use questions saints actually face, not abstractions)
- A kitchen timer or phone timer
- Open floor space — push tables back so pairs can spread out
- Each saint's BRC, printed and brought to session, for the date commitments at the end

🕒 THE HOUR

BLOCK 1 · DISCUSSION **Opener — Interview quick-share**

⌚ 5 min

Go round the room. Each saint names which two adults he interviewed and the one sentence that surprised him most. One sentence per saint, no follow-up. The goal is to put the interview content into the room before the group uses it.

BLOCK 2 · DISCUSSION **Share one loaded moment from the interviews**

⌚ 12 min

1. Each saint picks one moment from his two interviews — the hardest thing the adult said, the loaded sentence, or the unexpected detail.
2. Go round the room. One saint tells the loaded moment. The next saint may ask one follow-up if he wants. Then move on.
3. If the group is eight or more, split into two groups of four for this round, then bring two highlights back to the full group.
4. Name the pattern plainly: most adults who share have at least one story of getting it wrong. The wrong stories teach as much as the right ones.

REQ 1C

SESSION 3 · PRACTICE THE HARD CONVERSATION (PAGE 2 OF 3)

THE HOUR — CONTINUED

BLOCK 3 · ROLEPLAY **The hard-conversation roleplay**

⌚ 25 min

1. Pair up. Each pair gets one pushback prompt card. The card has three real questions a friend might actually ask — not abstract objections.
2. Saint A is the sharer. He walks Saint B through one part of the gospel — atonement, the Restoration, why he goes to church — using his testimony outline and the common-questions card. Six minutes.
3. Saint B is the friend. He listens, asks one or two of the questions on the card when they fit naturally, and pushes back when the answer feels thin. He is not trying to win; he is trying to surface what the sharer has not yet thought through.
4. After six minutes, freeze. Sixty seconds of debrief: what felt natural, what went thin, where Saint A reached for borrowed phrases instead of his own words.
5. Switch roles. Saint B sharer, Saint A friend. Run another six minutes and a sixty-second debrief.
6. Bring the full group back. Two or three saints name the question that hit hardest and what they will study before the real conversation.

BY TIER

ENTRY

Use only the testimony outline as your sharer turn. Stick to your own experience. Save the common-questions material for when you have run this drill once.

ESTABLISHED

Use both the outline and one of the common-questions responses. When Saint B pushes back, do not retreat to scripture quotes — find the answer in your own words first, then bring scripture in if it fits.

MENTOR

Pair with an entry-tier saint. Take the friend role first and ask the questions he is least ready for, then switch and model how to hold the answer when the pressure comes.

REQ 2C

BLOCK 4 · SERVICE **Plan the two service acts**

⌚ 13 min

1. Each saint plans his two service acts (Req 3b) — one that fits the life of a friend who is not a member, one inside the family or quorum.
2. Frame the planning this way: a service act is silent witness when it is plainly Christlike, not when it is large or photographed. Pick acts the recipient will not feel performed at.
3. Write both acts on the BRC. Set a date for the first one before Session 4 and a date for the second within two weeks after.
4. Pair-share for two minutes. Tell your neighbor what the two acts are and the dates. Saying it aloud makes the commitment harder to skip.
5. Each saint will explain to a leader after the act how the service functioned as witness — not just what he did.

REQ 3B

SESSION 3 · PRACTICE THE HARD CONVERSATION (PAGE 3 OF 3)

THE HOUR — CONTINUED

BLOCK 5 · REFLECTION **Close — Set the two real-conversation dates**

⌚ 5 min

1. Each saint names the two friends, neighbors, coworkers, or relatives he will have a real conversation with before Session 4 (Req 3c, the featureEvent). Write the names and target dates on the BRC.
2. Reminder: bring the second and third testimony shares (Req 3a), the first service act (Req 3b), and a draft of the four-paragraph reflection (Req 4a) to Session 4.
3. The fifteen-minute lesson (Req 3d) gets delivered to a family group, quorum, or class between this session and Session 4. Bring proof of delivery — a sign-off or photo — to Session 4.

AT THE CLOSE · DEBRIEF

1. When you were the sharer, where did you reach for borrowed phrases instead of your own words?
2. When you were the friend, which question did you ask that the sharer was least ready for?
3. Which of the two real conversations you scheduled scares you more, and why that one?

☑ *Mark Req 1c after the interview-sharing block. Req 2c moves from leader-reviewed to fully done after the roleplay. Req 3b is in progress — mark after both service acts and the leader explanation. Req 3c, Req 3a, Req 3d, and Req 4a are all in progress and tracked on the BRC for Session 4. Note: the two real conversations (Req 3c) may count as two of the three testimony shares (Req 3a) when the saint shares his actual testimony during them — mark both reqs after Session 4 if they do.*

SESSION 4 · SPIRITUAL CORE

⌚ 60 min target

What the conversations taught

Bring back what the real conversations gave you and finish the badge.

SESSION AIM

Each saint reports honestly on the two real conversations and the three testimony shares, walks the group through one teaching beat from the off-meeting fifteen-minute lesson, meets one-on-one with the leader about four Christlike attributes still in growth, and writes the closing line of his final testimony. The session ends with a BRC walkthrough.

🎯 WALK AWAY WITH

- Has reported on the two real conversations and named what each one taught him
- Has delivered one teaching beat from his off-meeting lesson and brought proof of the full delivery
- Has met one-on-one with the leader on four Christlike attributes and a growth plan
- Has a signed BRC or an outstanding-requirements plan with deadlines

📦 BRING / SET UP

- Each saint's BRC, printed and brought to session
- Each saint's testimony outline, reflection draft, and proof of the off-meeting lesson delivery (sign-off or photo)
- Pens and quarter-sheets for the final-testimony closing line
- A quiet corner of the room for the leader's one-on-one meetings
- Doctrine and Covenants 18 for the closing read

🔧 THE HOUR**BLOCK 1 · DISCUSSION Opener — The real-conversation report**

⌚ 5 min

Go round the room. Each saint reports on his two real conversations. "Had both." "Had one, the other person canceled." "Had one easy, one that got hard." Whatever the truth is. Treat the honest answer the same whether the conversations landed or not — having the conversation was the assignment, not the outcome.

BLOCK 2 · DISCUSSION Share one moment from each real conversation

⌚ 15 min

1. Each saint shares one specific moment from each of his two real conversations — the question that surprised him, the silence after his testimony, the line that worked, the line that did not.
2. After each story, the group offers one observation. Keep observations short.
3. Do not push for length. Three saints in seven minutes is better than two saints in twelve.
4. Name the pattern aloud: most real gospel conversations are not finished by the time they end. The saint's job was to start one and tell the truth in it, not to wrap it up.

REQ 3C

SESSION 4 · WHAT THE CONVERSATIONS TAUGHT (PAGE 2 OF 2)

THE HOUR — CONTINUED

BLOCK 3 · SKILL PRACTICE **Deliver one teaching beat from the lesson**

⌚ 18 min

1. Each saint brought proof of his off-meeting fifteen-minute lesson — a sign-off from the leader who hosted, a photo, or a brief written confirmation.
2. In the group, each saint delivers one teaching beat from the lesson — three to four minutes. Pick the part that worked best, not the part he is proudest of.
3. After each delivery, two saints offer one observation: one thing that was concrete, one thing that drifted abstract.
4. Leader signs the BRC after each saint has shown proof and delivered the beat.
5. Name the takeaway: teaching consolidates what the saint actually knows. The places he drifted abstract are the places he still needs to study.

REQ 3D

BLOCK 4 · REFLECTION **One-on-one on the four Christlike attributes**

⌚ 15 min

1. Pull each saint into the quiet corner for three to four minutes. Use the prompt: which four Christlike attributes are you still growing in, and what is the next step in each?
2. Listen more than you respond. The growth plan is the saint's, not the leader's.
3. While one saint is with the leader, the others polish their multi-paragraph reflection (Req 4a) or peer-review a partner's draft in pairs.
4. No saint leaves Session 4 without a draft of Req 4a on the page and four named attributes on his BRC.
5. Mark Req 4b on the BRC after each one-on-one finishes.

REQ 4B

BLOCK 5 · REFLECTION **Close — BRC sign-off and final testimony**

⌚ 7 min

1. Walk the BRC with each saint one requirement at a time. Mark what is done. Note what is still outstanding.
2. Each saint writes the closing line of his final testimony (Req 4c) on a quarter-sheet, naming how sharing the gospel fulfills the Saint's Oath in his own words. The full testimony is finished as homework this week.
3. For each outstanding requirement, set a concrete next step and a deadline before the next Board of Review or Court of Honor.
4. Read D&C 18:10–16 aloud — the scripture about the worth of souls. No commentary. Close the session.

AT THE CLOSE · DEBRIEF

1. Which moment from another saint's real conversation will you remember in six months?
2. What did the leader say in your one-on-one that you did not expect?
3. Where in your life will the noticing this badge taught you show up next week?

☒ Mark Req 3a, 3c, and 3d after this session. Mark Req 4a once the reflection is on the page. Mark Req 4b after the one-on-one. Req 4c is committed here; mark when the final testimony is finished and brought back this week. Any requirement still outstanding gets a concrete next step and a deadline written on the BRC.

HANDOUT 1 OF 2

FROM SESSION 2 — DRAFT THE TESTIMONY OUTLINE

Personal Testimony Outline

Print one per saint. Bring to Session 2 and keep at home through Session 4.

SHARING THE GOSPEL · WORKSHEET

Draft your testimony in your own words.

Fill the four parts. The two-minute version is the one you will actually say.

FOUR PARTS · WRITE EACH IN YOUR OWN VOICE

1

The core doctrine of Jesus Christ

Two or three sentences. Who he is, what he did, why it matters.

2

One defining spiritual experience

Name a specific moment — place, situation, what you noticed. Not a general feeling.

3

How the gospel governs a real decision

One decision you have actually made because of what you believe.

4

The two-minute spoken version

Write the version you will actually say aloud. Read it out and time it.

Write the words you would actually use. A testimony in borrowed phrases will not land.

Print this handout for in-person reference during session 2 — draft the testimony outline.

HANDOUT 2 OF 2

FROM SESSION 2 — PREPARE THE COMMON-QUESTION RESPONSES

Common Questions — Field Card

Print one per saint. Saints write their own responses on the back; the card is preparation, not a script.

SHARING THE GOSPEL · FIELD CARD

Prepare answers before the conversation.

Study the anchor verse. Find the words yourself. The card is preparation, not a script.

FOUR QUESTIONS · POSTURE · ANCHOR · DON'T

1 "If God is good, why does hard stuff happen?"

POSTURE

Listen for what hurts behind the question. Answer the person, not the puzzle.

DON'T recite a verse at someone who is grieving · explain the plan of salvation as a tract

ANCHOR · STUDY BEFORE

2 Nephi 2:11–13 · Romans 8:28
Read both. Write the answer in your own words before the talk.

2 "Why your church and not mine?"

POSTURE

Name what you have without tearing down theirs. Start with what is true in their tradition.

DON'T compare doctrines side by side as a debate · suggest their church does not love Christ

ANCHOR · STUDY BEFORE

Joseph Smith — History 1:11–20
Doctrine and Covenants 1:30
Tell the First Vision plainly.

3 "How do you square faith with science?"

POSTURE

Treat science as a real source of truth. The gospel is not threatened by what is actually true.

DON'T pretend to know more science than you do · dismiss the question as a faith problem

ANCHOR · STUDY BEFORE

Doctrine and Covenants 88:118
Doctrine and Covenants 93:36
Pick one and learn it cold.

4 "I don't want to be preached at."

POSTURE

Agree out loud. Then ask what you can do or share that would not feel like being preached at.

DON'T argue the label · keep talking about the gospel after the friend asks you to stop

ANCHOR · STUDY BEFORE

Matthew 5:14–16 · Alma 17:11
Service and example come first.
Words follow when asked.

Prepare answers in your own words before the conversation, not during it.

Print this handout for in-person reference during session 2 — prepare the common-question responses.